



WorldsYoga

UNION CITY

3909 Smith Street
Union City, CA 94587
(510) 441-9642

unioncity.worldsyoga.com/schedule

WEEKLY CLASS SCHEDULE - EFFECTIVE DECEMBER 1ST, 2019

Please see our online live schedule for the latest updates

	MON	TUES	WED	THUR	FRI	SAT	SUN
Early AM	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 7:45 - 8:45am	
AM	Morning Sadhana 7:45 - 8:30am	VinyaRestore 9 - 10am	VinyaRestore 9:15 - 10:30am	VinyaRestore 9 - 10am	Vinyasa Moderate 9:30 - 10:30am	Ashtanga Inspired 9:30 - 10:45am	Progressive Power 9 - 10:15am
	Vinyasa Moderate 9:30 - 10:30am		Meditation 10:45 - 11:45am			Yinyasa 10:45 - 11:45am	Special Community Class (Free) 11 - 12pm
Noon	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Vinyasa-Gentle 12 - 1pm	
Evening	Vinyasa Moderate 5 - 6:15pm	Vinyasa-Gentle 5 - 6:15pm	Progressive Power 5 - 6:15pm	Vinyasa Moderate 5 - 6:15pm	Vinyasa Moderate 5 - 6pm		VinyaRestore 5 - 6:15pm
		Vinyasa 6:30 - 7:45pm		Vinyasa 6:30 - 7:45pm			
	VinyaRestore 6:30 - 7:45pm		VinyaRestore 6:30 - 7:45pm		Candlelight Yin 6:30 - 7:45pm		
	Power 8 - 9pm	Vinyasa Flow 8 - 9:15pm	Power 8 - 9pm	Vinyasa Flow 8 - 9:15pm			

Indicates classes heated up to 80 degrees

Indicates classes heated to 90 degrees

Get the Most out of Your Practice

- Be on your mat ready when class starts
- Don't leave class early
- Practice on an empty stomach
- Drink water before and after practice

Important to Note:

- Classes close 5 minutes past start time or when full
- Phones must be switched off while in studio
- Children Can NOT Attend Adult Classes

New Student Special

- 15 Consecutive Days* unlimited for \$25*

*Arrive 15 minutes early on your 1st visit

Regular Per Class Rates

- 1 Class: \$20** (Drop-in)
- 5 Classes: \$75** (valid 2 months)
- 10 Classes: \$130** (valid 5 months)
- 20 Classes: \$240** (valid 10 months)
- 30 Classes: \$330** (valid 12 months)
- 60 Classes: \$600** (valid 18 months)

One Month Unlimited is \$129**
** valid at the studio it was purchased at

WY Contract Membership^:

- 3 Month Contract: \$99 monthly
- 6 Month Contract: \$89 monthly
- Yearly Contract: \$79 monthly

WY Member Benefits:

- Unlimited access to all WY studios
- 10% off Retail, Events, Workshops & Series
- Bring 3 new guests per month

^3, 6 or 12 months commitment with auto renewal; written cancellation notice is required 15 days or more before contract renewal date. 3 one month holds per year with \$25 hold fee for each hold

- Seniors (over 65)/Full-time College Students: 15% off full prices (Proof Required)
- All offers subject to change without notice
- All Sales are final and not refundable