

Holiday Schedule Week of Dec 22nd - Dec 28th

	MON 12/22	TUES 12/23	WED 12/24	THUR 12/25	FRI 12/26	SAT 12/27	SUN 12/28
AM Blue Room	Gentle Yoga 9:15 - 10:15am	VinyasaModerate (Themed) 9 - 10am	Gentle Yoga 9 - 10:10am		Gentle Yoga 9 - 10:10am		
AM Green Room						Gentle Yoga / Prenatal 10:30 - 11:45am	Yin Yoga 9 - 10:15am
AM Blue Room						VinyasaModerate 10:45 - 12pm	
AM Green Room							VinyasaModerate 10:45 - 11:45am
Noon Green Room	Power 12 - 1pm				Power 12 - 1pm		
PM Green Room	Yin Yoga (Themed) 5:30 - 6:45pm	Gentle Yoga 5:45 - 6:45pm					
PM Blue Room	VinyasaModerate 5:45 - 6:45pm	VinyasaGentle 5:30 - 6:30pm					
	VinyasaModerate (Themed) 7 - 8pm	VinyasaModerate 6:45 - 7:45pm					
PM Green Room	VinyasaGentle 7 - 8pm	Pranayama & Meditation Free Community 7 - 8pm					

Holiday Schedule Week of Dec 29th - Jan 4th

	MON 12/29	TUES 12/30	WED 12/31	THUR 1/1	FRI 1/2	SAT 1/3	SUN 1/4
AM Green Room	Gentle Yoga 9:15 - 10:15am	VinyasaModerate (Themed) 9 - 10am	Gentle Yoga 9 - 10am		Gentle Yoga 9 - 10am	VinyasaModerate 10:15 - 11:30am	Yin Yoga 9 - 10:15am
						Gentle Yoga / Prenatal 11:45 - 12:45am	VinyasaFlow (Themed) 10:30 - 11:45am
Noon Green Room	Power 12 - 1pm			Power 12 - 1pm	Power 12 - 1pm		
PM Green Room	Yin Yoga (Themed) 5:30 - 6:45pm	VinyasaGentle 5:30 - 6:30pm					
PM Blue Room	VinyasaModerate 5:45 - 6:45pm						
PM Green Room	Vinyasa Gentle 7 - 8pm	VinyasaModerate 6:45 - 7:45pm					
PM Blue Room	VinyasaModerate (Themed) 7 - 8pm						

Heated